

# Holymead Primary School

## Personal, Social and Health Education and Citizenship Policy

### **Rationale**

Personal, Social and Health Education and Citizenship (PSHE & C) form part of the non-statutory guidelines in The National Curriculum Handbook for Primary Schools in Education 2000. As a curriculum area it is designed to help give pupils the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become informed, active, responsible citizens.

At Holymead Primary School, this means all our pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and local communities.

In so doing, every pupil learns to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and learn to understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

Pupils also find out about main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. They learn to understand and respect our common humanity; diversity and differences so that they can go on to form effective, fulfilling relationships that are an essential part of life and learning.

### **Aims**

At **Holymead Primary School** we aim to give our pupils opportunities to:

- *take and share responsibility*
- *feel positive about themselves*
- *take part in discussions*
- *make real choices and decisions*
- *meet and talk to people*
- *develop relationships through work and play*
- *consider social and moral dilemmas*
- *ask for help*
- *find information and advice*
- *prepare for change*

We do this because we believe in the fundamental value of these experiences.

## **Guidelines**

At Holymead Primary School we deliver the non-statutory framework for PSHE & C using the four strands outlined in The National Curriculum.

1. *Developing confidence and responsibility and making the most of their abilities.*
2. *Preparing to play an active role as citizens.*
3. *Developing a healthy safer lifestyle*
4. *Developing good relationships and respecting the differences between people.*

We do this by:

### **Timetabled PSHE & Circle time sessions**

Every class has a dedicated PSHE & Circle time with their class teacher, as well as additional circle times sessions.

To deliver our PSHE and Citizenship curriculum we use the Jigsaw scheme of work.

### **School Ethos**

At Holymead Primary School we believe it is important that many of the skills and attitudes we wish pupils to develop are taught and demonstrated throughout the school in a variety of ways. Pupils will have opportunities to develop their understanding of these issues through:

- *school ethos*
- *assemblies*
- *school trips*
- *extra curricula activities*
- *classroom and playground rules*
- *Rights Action Group (RAG)*

All of the above is linked in to the Unicef Rights Respecting Schools initiative which teaches children about the Children's Rights Charter (CRC) and how our rights come with responsibilities.

### **PSHE & C and its relationship to other curriculum areas**

Some aspects of the PSHE & C framework may also be taught and re-visited in other curriculum areas, eg Science, Geography, Religious Education, English, etc.

In addition to this, we are a Unicef 'Rights Respecting School'. This means that there is a focus on children understanding their rights, and those of others and how this helps us appreciate diversity and live in harmony with others.

We embed this ethos by:

- Linking assemblies to CRC
- Empowering children to become part of the school's decision making process (Rights Action Group)
- Having a Rights Respecting Schools staff steering group
- Displaying articles from the CRC around the school
- Training ALL school staff
- Using the RRS language

### Links

This policy has links to other school policies on:

- *Sex and Relationship Education*
- *Drug Education*
- *Child Protection*
- *Confidentiality*
- *Behaviour*
- *Equal Opportunities/Inclusion*
- *Anti-bullying*

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