	-				
	HOT SPECIALS	AILY FAVES	WEEK 3	W/C: 04/05, 01/06, 22/06, 13/07, 14/09, 5/10	
MONDAY	Cheese and Tomato Pizza with Potato Wedges ∰ ♥ Simple but classic! Vege Soft Taco with Rice ∰ ♥ Tortilla Wrap filled with Quorn in a Tomato Sauce	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	SIDES Sweetcorn and Broccoli	PICK A PUD! Secret Brownie	Food Super
TUESDAY	Organic Beef Lasagne with Garlic & Herb Bread Wedge A Classic Italian layered pasta dish with beef mince Quorn Hotdog with Potato Wedges Veggie hotdog served with ketchup in a roll Halal Traditional Beef Lasagne with Garlic & Herb Bread Wedge	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Peas and Carrots	Raspberry Ripple Ice Cream	VOUR ENVOURITES available available i day
WEDNESDAY	Organic Roast Beef with Roast Potatoes and Gravy Traditional Roast dinner with Organic Roast Beef Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy A twist on the classic vegetarian Roast with a Sweet Potato and Chickpea roast slice Halal Roast Beef with Roast Potatoes and Gravy	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Fruity Picnic Bar 🍎	FAVUUKITLS available every day
THURSDAY	Farm Assured Chicken Tikka Masala with Rice A classic mild and creamy curry Mac 'N' Cheese Pasta spirals in a tasty cheesy sauce Halal Chicken Tikka Masala with Rice	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Mediterranean Vegetables and Sweetcorn	Banana Oat Bite 🍎 with Custard	
FRIDAY	Fish Fingers and Chips A classic fish finger lunch Jacket Potato with Salmon Mayonnaise Quorn Dippers and Chips Tasty Quorn Dippers	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Strawberry Swirl Sponge	£2.15 THREE WEEK MENU
		Sector and the Martin	ALLONA	Chartwells	SPRING/SUMMER 2020 Chartwells

			 W/C:	20/04, 11/05,			DAILY FAVES WF	FIZ O W/C: 2	7/04, 18/05,
	HOT SPECIALS D/	AILY FAVES WE	EK 08/0 31/0	6, 29/06, 20/07, 8, 21/09, 12/10		HOT SPECIALS	JAILT FAVES WE	EK 2 ^{W/C: 2} 15/06, 28/09,	06/07, 07/09, 19/10
MONDAY	Cheese and Tomato Pizza with Potato Wedges © Simple but classic! Chinese Veggie Noodles © Mixed vegetables and noodles coated in a Chinese 5 spice seasoning	Jacket Potato () with a choice of fillings Tomato Pasta () Fresh, homemade tomato and basil sauce with penne pasta	SIDES Broccoli & Cauliflower Medley and Sweetcorn	PICK A PUD! Raspberry Yoghurt Cake	MONDAY	Cheese and Tomato Pizza with Potato Wedges * * Simple but classic! Vege Burrito * Tomato and beans in a mild sauce with rice served in a tortilla wrap	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	SIDES Coleslaw and Sweetcorn	PICK A PUD! Raspberry Ripple Cake
TUFSDAY	Farm Assured Chicken Mayo Burger with Potato Wedges Roast Farm Assured Chicken served in a soft bun with lettuce and mayo Country Vegetable Pie (pastry) with Mashed Potato Leek, broccoli, chickpea and carrot in a creamy sauce topped with shortcrust pastry Halal Chicken Mayo Burger with Potato Wedges	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Peas <mark>and</mark> Coleslaw	Peach Shortbread Pudding 🍎 with Custard	TUESDAY	Organic Beef Bolognese with a Garlic & Herb Bread Wedge A classic Italian Organic Beef Bolognese Vegetable Lasagne with a Garlic & Herb Bread Wedge A classic Italian layered pasta dish made with mixed vegetables Halal Beef Bolognese with a Garlic & Herb Bread Wedge	Jacket Potato with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli	Apple & Carrot Yoghurt Muffin 🍎
MEDNESDAY	Farm Assured Roast Pork with Roast Potatoes and Gravy Traditional Roast dinner with Farm Assured Roast Pork Quorn Roast With Roast Potatoes and Gravy Traditional vegetarian roast with Quorn Halal Roast Turkey with Roast Potatoes and Gravy	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Flapjack with Fruit Slices 🍏	WEDNESDAY	Farm Assured Roast Chicken with Roast Potatoes and Gravy Traditional Roast dinner with Farm Assured Roast Chicken Vegetable Pastry Slice with Roast Potatoes and Gravy (pastry) A tasty mix of vegetables wrapped in delicious puff pastry Halal Roast Chicken with Roast Potatoes and Gravy	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Strawberry Ice Cream
THURSDAY	Farm Assured Beef Meatballs in Tomato Sauce with Pasta Farm Assured beef meatballs in a tasty tomato sauce served with pasta Mild Chickpea & Potato Curry with a Rice side A mild curry with tomato, potato and chick peas Halal Chicken Meatballs in Tomato Sauce with Pasta	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Mediterranean Vegetables	Chocolate Apricot Brownie	THURSDAY	Organic Pork Sausages with Mashed Potato and Gravy Simple but classic sausage and mash Vegetarian Sausages with Mashed Potato and Gravy A classic Quorn sausage and mash Halal Chicken Sausages with Mashed Potato and Gravy	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Chocolate Cake with Custard
FRIDAY	Fish Fingers and Chips A classic fish finger lunch Tomato Beany Burger with Chips A lightly spiced veggie burger with burger relish in a soft bun	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Vanilla Ice Cream	FRIDAY	Fish Fingers and Chips A classic fish finger lunch Quorn Bolognese A classic Vegetarian Italian Bolognese	Jacket Potato V with a choice of fillings Tomato Pasta V Fresh, homemade tomato and basil sauce with penne pasta	Peas and Baked Beans	Oatie Biscuit with Fruit Slices 🍏
		l		mahlusuki			comy bakey breau,	Available very day!	