Using these rules:

- Go through these rules with your child and perhaps pin them up near to the computer.
- It is also a good idea to regularly check the Internet sites your child is visiting e.g. by clicking on History and Favourites.
- Please reassure your child that you want to keep them safe rather than take Internet access away from them.
- Create a dialogue and a relationship of mutual respect as far as the Internet is concerned.
- Remember to use the **SMART** rules



Article 13: Children have the right to get and to share information, as long as the information is not damaging to them or to others.



'Nurture, Inspire, Achieve'

A guide to E-Safety for Parents



Article 28 – All Children have a right to a primary education.



Article 13: Children have the right to get and to share information, as long as the information is not damaging to them or to others.

Benefits of using ICT at Home



How can using ICT at home support your child's learning?

Many studies have looked at the benefits of having access to a computer and/or the Internet at home. Here are some of the key findings:

- used effectively, ICT can improve children's achievement
- using ICT at home and at school develops skills for life
- children enjoy using ICT
- using ICT provides access to a wider and more flexible range of learning materials.

In order to keep yourself safe online your child can:

- discuss what websites your child is using
- use websites you have chosen together or a child friendly search engine Use www.safesearchkids.com or www.googlejunior.com
- only email people they know, (why not consider setting up an address book?)
- ask permission before opening an email sent by someone they don't know
- not use their real name when using games or websites on the Internet, (create a nick name)
- never give out any personal information about themselves, friends or family online.
- never arrange to meet someone they have 'met' on the Internet without talking to an adult
- never tell someone they don't know where they go to school or post any pictures of themselves in school uniform
- only use a webcam with people they know and tell you immediately if they see anything they are unhappy with.