



Families in Focus Bulletin

Information & Support for Families, Parent/Carers and Young People

Hello and welcome to the Information Bulletin from your locality Families in Focus team. **This bulletin contains information on citywide and South based services.**

The amount of information has grown so large that we have split the Bulletin into two parts, and this is Part 1

Part 1 – Information and Support for Families, Parents/Carers and Young People

Part 2 – Information and Support for Practitioners

Please note that the information here is being shared by Families in Focus but if you require any further details you should contact the relevant organisation. All information is provided by the organisation and Families in Focus hold no responsibility for the contents. Bristol City Council does not endorse the organisations/activities and you should make your own checks to satisfy yourself on the quality of the services on offer. If you would like the information in a different language or format please contact the organisation/agency who will hopefully be able to help.

We cannot guarantee to include everything but will prioritise information on services or activities that practitioners will find useful in their organisation or to pass on to families.



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*Activities for
Young People
& Families*

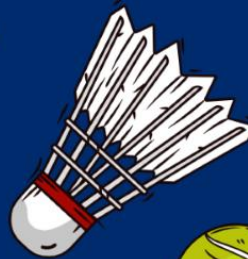
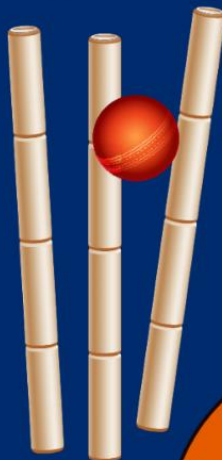


BRINGING THE COMMUNITY TOGETHER AGAIN!

COMMUNITY SPORTS

MERCHANTS' ACADEMY
SPORT CENTRE
MOLESWORTH DRIVE,
BS13 9BJ

THURSDAY 20TH FEBRUARY 2025
10:00AM - 2:00PM



PLEASE SCAN
THE QR CODE
TO BOOK YOUR
SPACE



BRINGING THE COMMUNITY TOGETHER AGAIN!



ACTA

DRAMA SESSION



**Age
6 to 12**

**The stage is yours,
shine on!**

Friday 21st February 2025
10:00am - 2:00pm

**Mowcroft church,
Hartcliffe, BS13 0LT**



**PLEASE SCAN THE
QR CODE TO BOOK
YOUR SPACE**



HWCP - Term time activities in Term 4

Term 4



Free BS13 Activities for Young People

www.hwcp.org.uk



Working in partnership with:





Location	Monday	Tuesday	Wednesday	Thursday	Friday
HWCP Community Room Symes Resource Centre Hartcliffe, BS13 0BE		Board Games Age 8+ 3:30pm - 5:00pm	Family Creative Time for families 3:30pm - 5:00pm		Cup & Bowl for families 3:30pm - 5:00pm
Hartcliffe Club for Young People (HCYP) Gatehouse Ave BS13 9AE	Youth Club Age 8 to 12 5:30pm - 7:30pm	Club Adapt (Special educational needs) Age 8+ 6:00pm - 8:00pm		Youth Club Age 12+ 6:30pm - 8:30pm	Inters Club Year 7 & 8 only 6:00pm - 8:00pm
Hareclive School Moxham Drive BS13 0HP		Community Football Ages 8 to 16 4:30pm - 5:30pm			Robins Junior Football Age 6 to 12 4:30pm - 5:30pm
Merchants Academy Hareclive Road BS13 9JW	Robins Girls Football Foundation Age 6 to 16 4:00pm - 6:00pm S.A.F.E Age 13-17 4:00pm - 5:00pm		Wicketz Cricket Age 8 to 12 4:30pm - 5:30pm	Community Sports Age 8 to 12 3:30pm - 5:00pm	
Bridge Learning Campus William Jessop Way BS13 0RL			Robins Disability Football Age 8 to 18 5:00pm - 6:30pm		Robins Senior Football Age 12 to 16 6:00pm - 7:00pm & Age 16 to 18 7:00pm - 8:00pm
The Big Hideout Teyflant Road BS13 0RF			The Hideout Age 8 to 13 Under 8's welcome but must be accompanied by an adult 3:00pm - 5:00pm	The Hideout Age 8 to 13 Under 8's welcome but must be accompanied by an adult 3:00pm - 5:00pm	The Hideout Age 8 to 13 Under 8's welcome but must be accompanied by an adult 3:00pm - 5:00pm
The Gatehouse Centre Gatehouse Ave BS13 9JN		Young Careers Group Age 11 to 18 5:30pm - 7:30pm Every other week from 22/10/24			
FixX Bike The Grove BS13 0AF	Bike Workshop Age 11 to 25 11:00am - 5:00pm To book email: info@fixxbikes.com	Bike Workshop Age 11 to 25 11:00am - 5:00pm To book email: info@fixxbikes.com			
Sartan Club Queens Road BS13 8LF			Sartan Boxing Age 8 to 15 6:00pm - 7:00pm		Sartan Boxing Age 8 to 15 6:00pm - 7:00pm

Play Sessions

Tuesday 18th
February

12:30-2:30pm

Where

Kings Head Lane Park
Bedminster Down
BS13 7DA

What?

Sports and games
Nature activities
Food included

Free to all!

Age 8+

For more information
contact Carly on
07442843856



LPW Learning
Partnership
West

E: enquiries@lpw.org.uk T: 0117 987 3700 W: lpw.org.uk

Play Sessions

Every
Tuesday
3-5pm

Where

Withywood Park, Bristol
BS13 8PL

What?

Arts and crafts
Sport and games
Snacks included

Free to all!

All ages welcome, under 7s must
be accompanied by an adult

For more information
contact Carly on 07442843856

LPW Learning
Partnership
West

E: enquiries@lpw.org.uk T: 0117 987 3700 W: lpw.org.uk



LPW - Winter play sessions @ Filwood Park



Winter Play Sessions

**Every
Thursday**

3:30-5:30

Where?

Filwood Park,
BS4 1FL

What?

Arts and crafts
Sports and games
Snacks included

Free to all!

All ages welcome,
under 8s must be
accompanied by an
adult

LPW Learning
Partnership
West

For more information
contact Carly on
07442843856



Winter Play Sessions

Every
Wednesday,
Thursday,
Friday
3-5pm

Where?

The Big Hideout,
Teyfant Road, BS13
ORF

What?

Arts and crafts
Sports activities & games
Snacks provided

Free to all!

For more information
contact Carly on
07442843856

LPW Learning
Partnership
West

E: enquiries@lpw.org.uk
T: 0117 987 3700
W: lpw.org.uk



Winter
Youth
Sessions

**Every
Friday**

3:30-5:30pm

Where?

Located in Knowle
area

Free to all!

All ages welcome

For more information
contact Molly on
07392481445 or Heidi on
07723104344

Delivered in
partnership
with



LPW Learning
Partnership
West

E: enquiries@lpw.org.uk
T: 0117 987 3700
W: lpw.org.uk

Youth Sessions

**Every
Friday
5pm-7pm**

Where?

Located around the
Hengrove area

All ages welcome

Free to all!

For more information
contact Roberta on
07717816862

Contact details

E: enquiries@lpw.org.uk

T: 0117 987 3700

W: lpw.org.uk

Play Session

Every
Thursday
11am-2pm

Where?

Victory Park
Brislington

What?

Arts and crafts
Nature activities
Sports and games



LPW Learning
Partnership
West



E: enquiries@lpw.org.uk T: 0117 987 3700 W: lpw.org.uk

Redcatch Community Garden Half-Term Holiday Timetable

More information & booking via
QR code (unless stated otherwise)



Monday 17th February 9.00 - 4.00	Theatre in the Garden Play in the day for kids aged 5-10 £39.50 - www.trybooking.com/uk/events/landing/73412?
Tuesday 18th February 2.30-3.45	Disney Princesses Join Magical Moon entertainment for a fun afternoon and enjoy enchanted dance performances, games, bubbles & lots of fun! £7 per child
Tuesday 18th February 12.30-2 & 2.30-4	Nature Sprouts - Forest School Nature Based crafts & games £15 per child - aimed for 8-12 year olds
Wednesday 19th February 10.00-11.00	Happymess Messy play and a different art or craft activity each week £4 per child, £3 per sibling
Wednesday 19th February 12.30-1.45 & 2.45-4	George's Heart thumping science Step into wonderful world of experimentation £6 per ticket
Thursday 20th February 10.30-12.00	Nature Sprouts Clay creations & bird feeders £6 per child
Friday 21st February 10.30-12.00	Garden Cooks Use what is growing in the Garden to inspire you to decorate a biscuit and put your artistic skills to the test to create some beautiful bread designs. £12 per child

Roots & Garden open every day from 9:30am-4:00pm

www.redcatchcommunitygarden.com

Redcatch Park, Broadwalk, Knowle BS4 2RD



Knowle West Media Centre - February half-term 'Radical Creators'
music programme



February Half-Term

at Knowle West Media Centre

Radical Creators



FREE



10 - 17 years



Tuesday 18 - Thursday 20
February 2025



10am - 3pm



KWMC, BS4 1NL &
KWMC The Factory,
BS4 1ET

The programme will support young people to experiment with music, making and a variety of digital art and design, while leading and collaborating on radical and creative projects which matter to them!

Please complete this form if you would like to register your interest in our February Half Term's Radical Creators Programme.

*Please note, we prioritise young people who live or study in BS4, BS3 5, BS13 & BS14.

ARCADIS

COMINO
FOUNDATION

YOUTH
MUSIC

M
MOTT
MACDONALD

ARUP

tinyurl.com/RadicalCreatorsKWMC

St Annes House - Half-term free family meal

Free February Half Term Meals

HALF TERM FREE FAMILY MEAL

AT ST. ANNE'S HOUSE
CIBOMATTO CANTEEN

12PM
TO
12.45PM

TUE 18TH, WED 19TH,
THU 20TH, FRI 21ST
FEBRUARY

DROP IN,
NO NEED TO BOOK

KIDS FREE
PARENTS AND CARER
PAY AS YOU CAN

ST ANNE'S HOUSE

cibomatto
CANTINE

St Anne's House - St Anne's Rd Brislington B34 4AB
Questions contact - info@cibomattobristol.co.uk

St Annes House - Activities in BS4 area

Activities at St Anne's House, BS4 4AB

4 O'clock Club

JOIN OUR
4 O'CLOCK CLUB
FOR FAMILIES LIVING NEAR
ST ANNE'S HOUSES

Every other Thursday we meet at St Anne's House at 4pm for a free community-led club, where we have activities, snacks, and arts and crafts materials.

Who is the club for?
Anyone who has children and wants a space to:

- Make use of our creative craft supplies and games
- Meet other families from the area and make new friends
- Enjoy free snacks and hot drinks

No need to book - just turn up on the day! Turn over for dates.

You will need to stay with your children for the duration of the club.

Contact Us
☎ 07709 264 201
✉ georgia@bricksbristol.org
🌐 www.stanneshouse.org



EVERYONE IS WELCOME
FREE TO ATTEND!

DATES FOR 2025

Every other Thursday
4pm-5.30pm:

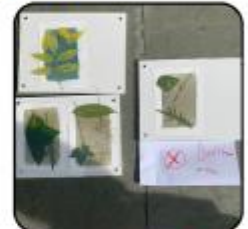
16 January
30 January
13 February
27 February
13 March
27 March
10 April
24 April
8 May
22 May
5 June
19 June
3 July
17 July

Where is the club?

We usually use the Community Living Room on the ground floor of St Anne's House Community Hub.

Bring your ideas to the club!

As a community-led club, we really welcome any crafty activities or fun games to play with the kids!



ST ANNE'S HOUSE

ST ANNE'S RD,
BRISLINGTON, BS4 4AB

Funded by
UK Government



Creative Open Access Sessions 13+ – Weekly Tuesday Sessions

You are invited to come along to free open access sessions from 5pm – 7pm, in and around St Anne's House.

The sessions are for 13+ year olds, who live in or around Brislington and want to hang out, cook some food, meet new people, relax and get involved in creative activities.

[Fill in our form here](#) to be personally contacted about the sessions, or fill the form in on arrival.

Or email / WhatsApp Holly on:
holly@bricksbristol.org – 07718106953



MULTI SPORTS

**MERCHANTS ACADEMY SPORTS HALL
MOLESWORTH DRIVE, BRISTOL BS13 9BJ**

THURSDAYS
DROP IN FROM 3.30PM UNTIL
4.30PM

**HAVE FUN, STAY ACTIVE, MAKE NEW FRIENDS IN A SAFE & SUPPORTED PLACE
COME ALONG ANY THURSDAY TO REGISTER YOUR CHILD
-FOR MORE INFORMATION CONTACT-
07376 590832
LAURA.PARKER@GRASSROOTCOMMUNITIES.ORG**

ACTIVITIES:

**FOOTBALL
BASKETBALL
TOUCH RUGBY
BADMINTON**

**BOXING
KICKBOXING
HANDBALL
NETBALL**

**SCHOOL YEARS
7 & 8'S**

AND MORE!



DEAR PARENTS & CARERS,

GRASSROOT COMMUNITIES ARE OFFERING A FREE MULTI-SPORTS ACTIVITY CLUB AT MERCHANT/VENTURERS ACADEMY SPORTS HALL FOR YOUNG PEOPLE WHO LIVE LOCALLY DURING TERM TIMES

THURSDAYS 3.30PM – 4.30PM

SCHOOL YEARS 7 & 8'S

WEAR SUITABLE CLOTHING AND FOOTWEAR

LED BY EXPERIENCED YOUTH WORKERS & SUPPORTED BY LOCAL YOUNG LEADERS, SESSIONS WILL FOCUS ON INCLUDING ALL LEVELS AND ABILITIES, INTRODUCING CHILDREN TO DIFFERENT FUN-BASED ACTIVITIES, IMPROVING FITNESS & HEALTH, DEVELOPING TEAMWORK, AND ENCOURAGING FRIENDSHIPS

ALL YOUNG PEOPLE WILL NEED THEIR ADULT TO COMPLETE A REGISTRATION FORM AT THEIR FIRST SESSION OR ONLINE.

ANY QUESTIONS PLEASE CONTACT:

GC DELIVERY LEAD WORKER – LAURA PARKER

LAURA.PARKER@GRASSROOTCOMMUNITIES.ORG

07376 590832



MULTI SPORTS

FILWOOD BROADWAY, SPORTS COURTS,
KNOWLE WEST, BRISTOL. BS4

TUESDAYS
FROM 6PM UNTIL 8PM

HAVE FUN, STAY ACTIVE, MAKE NEW FRIENDS IN A SAFE & SUPPORTED PLACE
COME ALONG ANY TUESDAY AND GET INVOLVED!
-FOR MORE INFORMATION CONTACT-
07376 590832
LAURA.PARKER@GRASSROOTCOMMUNITIES.ORG

ACTIVITIES:

8-19 YEARS OLD

FOOTBALL
BASKETBALL
TOUCH RUGBY
BADMINTON

BOXING
KICKBOXING
HANDBALL
NETBALL

AND MORE!



DEAR PARENTS & CARERS,

GRASSROOT COMMUNITIES ARE OFFERING A FREE MULTI-SPORTS ACTIVITY CLUB AT FILWOOD BROADWAY SPORTS COURTS IN KNOWLE WEST FOR YOUNG PEOPLE WHO LIVE LOCALLY

**TUESSDAYS 6PM – 8PM
YOUNG PEOPLE WELCOME FROM 8-19 YEARS OLD
WEAR SUITABLE CLOTHING AND FOOTWEAR**

LED BY EXPERIENCED YOUTH WORKERS & SUPPORTED BY LOCAL YOUNG LEADERS, SESSIONS WILL FOCUS ON INCLUDING ALL LEVELS AND ABILITIES, INTRODUCING CHILDREN TO DIFFERENT FUN-BASED ACTIVITIES, IMPROVING FITNESS & HEALTH, DEVELOPING TEAMWORK, AND ENCOURAGING FRIENDSHIPS

ALL YOUNG PEOPLE CAN DROP IN AND GET INVOLVED AS THEY WISH AS CURRENTLY THIS SESSION IS AN EXTENSION OF OUR DETACHED YOUTH WORK SESSION.

**ANY QUESTIONS PLEASE CONTACT:
GC DELIVERY LEAD WORKER – LAURA PARKER
LAURA.PARKER@GRASSROOTCOMMUNITIES.ORG
07376 590832**

Bristol Libraries - Family Activities in Hartcliffe, Whitchurch and Stockwood

WHAT'S ON FOR FAMILIES

Family activities at libraries in South Bristol
All activities are FREE
No need to book

Baby Bounce and Rhyme

Nursery rhymes and actions. For children aged 0-3 accompanied by parents/carers. 30 minutes. Term time only.

Hartcliffe Library - Mondays 2.15-2.45pm
Whitchurch Library - Wednesdays 2.15-2.45pm
Stockwood Library - Fridays 10.30-11am

Crafternoon

Free craft activities for primary school aged children accompanied by parents/carers. Drop-in all afternoon.

Hartcliffe Library - Thursdays 1-5pm
Whitchurch Library - Fridays 1-5pm
Stockwood Library - Mondays 1-5pm

Duplo Day

For children aged 3-6 accompanied by parents/carers. Stay and play with Duplo and see what you can build.

Hartcliffe Library - Fridays 1-4pm

Hartcliffe Library, @Symes, Peterson Avenue, BS13 0BE
Whitchurch Library, Oatlands Avenue, BS14 0SX
Stockwood Library, Stockwood Road, BS14 8PL



*Services and
opportunities
for
Parents/Carers*



Bristol Parenting Groups

- Are you pregnant or a parent of a 0 - 8 year old?
- Would you like to add ideas and skills to your parenting toolbox?
- Would you like to develop more confidence in your parenting?
- Would you like to understand your child better?

Free groups for adults run by Bristol Children's Centres

Your parenting toolbox:

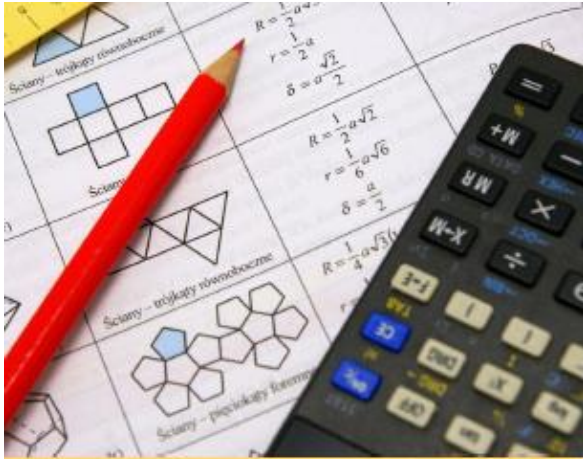


For more information please call: **07721 311 497**
or email: **pssso@bristol.gov.uk**

Once you have registered your interest via:
www.bit.ly/BristolParentingGroups we will be in touch to find the best group option for you.



Community Learning - Free Fast Track maths course



FAST TRACK MATHS **FREE Blended Learning** **Course**

Our **FREE** course aims to support you in developing numeracy confidence and skills. If you are looking to achieve a Nationally recognised Functional Skills Maths qualification, this course will support you to prepare and become exam ready.

The course will run twice weekly for 7 weeks.

Starting session: Tuesday 4th February 2025 – face to face classroom sessions will be held at: Stoke Lodge Centre, Shirehampton Road, Stoke Bishop BS9 1BN.

Second session: Online class: Thursday 6th February 2025

Session times: 5.00 – 7.30pm

If you would like more details, or to book a place on the course, please:

Contact: Lorraine Vasili

Phone: 077 2170 2872 **Email:** Lorraine.Vasili@bristol.gov.uk

Eligibility: Our learning environments are supportive and welcoming for adults 19+ without GCSE Grade C or level 2 Functional skills in Maths



get **maths**
get **on**
COMMUNITY
LEARNING

Multiply

WEST OF
ENGLAND
Combined Authority

communitylearningwest.net
multiply@bristol.gov.uk
01172 510230

The Multiply programme is funded and managed by the West of England Combined authority, led by Metro Mayor Dan Norris and delivered by Bristol City Council.



Are problems with your health affecting work?



WorkWell West offers a helping hand by putting you in touch with local services. Our friendly work coaches give free personalised support, advice and guidance at a pace you're comfortable with.

If you are over 16 and live in Bristol, South Gloucestershire or North Somerset and you have a health issue that affects your ability to work, get in touch and let us help.

Telephone 0117 922 3623

Email workwell@bristol.gov.uk
workwellwest.org



WorkWell West working in partnership with:



BD17130



SAY
SEND AND YOU
SENDIAS

SEND and You Drop in Sessions
@Symes Resource Centre, Peterson
Avenue, Hartcliffe, BS13 0BE

Get support with paperwork, preparing for meetings, understanding SEN support in school, accessing the help you need, signposting to useful services ... and lots more!

This is a FREE event- no need to book just turn up.

2025 Term 1 dates:

Thursday 9 January 12.30-2pm

Thursday 6 February 12.30-2pm

Thursday 13 March 12.30-2pm

www.sendandyou.org.uk



SAY
SEND AND YOU
SENDIAS

SEND and You Drop in Sessions
@Symes Resource Centre, Peterson
Avenue, Hartcliffe, BS13 0BE

Get support with paperwork, preparing for meetings, understanding SEN support in school, accessing the help you need, signposting to useful services ... and lots more!

This is a FREE event- no need to book just turn up.

2025 Term 2 dates:

Thursday 3rd April 12.30-2pm

Thursday 15th May 12.30-2pm

Thursday 5th June 12.30-2pm

www.sendandyou.org.uk

Bristol Parent Carer Forum - Drop-in sessions in Knowle

The poster features a teal background with white and yellow text and graphics. At the top left, there are three yellow hearts. In the center, the text reads 'INNS COURT CENTRE' and '10:30-12:30'. To the right is an image of a white coffee cup with a heart-shaped latte art. Below the main text is the Bristol Parent Carer Forum logo with the tagline 'Shaping the Future Together'. On the right side, the address '1 Marshall Walk, Knowle BS4 1TR' is listed, along with 'Car Park: Free' and 'Buses: M1'. At the bottom, there are logos for 'BRISTOL AUTISM PROJECT', 'If you care, We care. Carers Support Centre', and 'SAY SENDIAS'.

Next Dates 13th February & 6 March 2025. Please follow link for latest information and booking

Join Bristol Parent Carer and SEND and You SEND Drop in for Parents and Carers

Book your place to speak with a qualified SEND Advisor. This is a free, impartial and confidential service.

<https://www.eventbrite.co.uk/e/coffee-morning-with-send-and-you-south-bristol-tickets-661335009817?aff=odcleoeventsincollection>

Get help with paperwork, preparing for meetings, understanding SEN support in school, accessing the help you need and signposting to support services.

Bristol Parent Carer Forum
Shaping the Future *Together*

EVENT BROCHURE

TOGETHER FOR SEND

2025 *Conference*

MONDAY, 3RD MARCH | WE THE CURIOUS, MILLENIUM SQUARE, BS1 5DB

Department for Education

BRISTOL CITY COUNCIL

Quartet Community Foundation

NHS 75
Bristol, North Somerset and South Gloucestershire
Integrated Care Board

Changes Bristol - Peer support groups



**Let's talk
about mental
health**

We understand that no one should have to face difficult times alone.

That's why we provide peer support groups and befriending for anyone aged 18 or over, offering a safe and friendly space where people can talk about any worries they might have.

There is no referral required, so you can join at any time, and you don't have to have a diagnosis to join our groups. Simply turn up to one of our meetings, sign up online, or call us to find out more.

www.changesbristol.org.uk
info@changesbristol.org.uk
0117 941 1123



South Bristol Peer Support Groups



Mondays

Ashton Vale - 1 - 3pm
Ashton Vale Community Centre, BS3 2QY

Wednesdays

Knowle - 1:30 - 3:30pm
Redcatch Community Centre, BS4 2EP

Bedminster - 7 - 9pm
ACTA Community Theatre, Gladstone St, BS3 3AY

Thursdays

Brislington - 1- 3pm
St Cuthbert's Church, BS4 3PG



Providing free, safe and non-judgemental peer support to discuss wellbeing with others within your community.

www.changesbristol.org.uk
01179411123



Mindfulness for Stress

4-Session Group Course

@Bedminster Community Hub
47-49 East St, BS3 4HB

Sundays 16th Feb, 2nd, 16th & 30th Mar 2025
12:30-4:30pm

**Learn everyday skills to reduce stress
and enhance your life**

Free, or pay-what-you-can!

Booking link:

<https://www.eventbrite.co.uk/e/1206767547219?aff=oddtcreator>

For a free place, email Liz & Lauren
brain.soothe.bristol@gmail.com



Mindful Parenting & Community Project - Online workshops for managing emotions

Workshops to Manage BIG Emotions in the Family

This series of Mindful, Kindful Workshops support parents with practical techniques that help navigate family challenges.

Run by the Mindful Parenting and Community Project



As parents we live busy and stressful lives with many things on the go. We are often managing other stressors such as budgeting, neurodivergence and long "to do" lists. It's no wonder that we sometimes struggle or feel burnt out.

Mindfulness has been proven as supportive and beneficial in managing stress. It can build our emotional resilience, help us be more present with our children and support us to maintain healthy habits and relationships.

These online workshops support parents with family issues such as managing big emotions, slowing down and being more present with our children and how to manage conflict within the family.

The Mindful Parenting and Community Project has been supporting parents for 10 years. We are parents ourselves and so have a lived experience of these challenges.

For more info:
www.mpcp.info
mpcp.bristol@gmail.com
07949399633
Book a place here:



Booking Details:

These Online Workshops run from 10.00 – 12 noon via Zoom

Managing BIG Emotions Toddlers to 10's
Monday 27th January 2025

Managing BIG Emotions Tweens and Teens
Friday 28th February 2025

Managing Conflict within the Family
Monday 24th March 2025

Less Rushing and More Presence
Friday 25th April 2025

Cost:
Unwaged - Free
Low Waged - By donation
Waged - £20

Book:
<https://www.eventbrite.co.uk/e/workshops-to-manage-big-emotions-in-the-family-online-tickets-1101157354292?aff=oddtcreator>

Bristol Fair Renting Campaign - Campaign, Stay & Play



A stay and play with a twist!

Concerned about rent and housing costs? Ever been affected by the housing crisis? Don't know what your rights are as a renter? Got ideas? Find it hard to get your voice heard with the kids around?

We know that it can be hard – almost impossible - for carers, guardians and parents of young children to find the time and opportunity to get our voices heard and ask for the changes in our community that impact us the most.

We're the Bristol Fair Renting Campaign – a local, renter-led group that are taking action to fight for a fair renting system together as a community. We have set up a Campaign, Stay & Play to create a space for parents, carers and guardians to be part of community action.

Sessions are from 10.30am-12.00pm on the third Wednesday of every month at The Spark Space on Church Road in Redfield.

Please sign up for sessions here: [Bristol Fair Renting Campaign Events - 4 Upcoming Activities and Tickets | Eventbrite.](#)

Come along to:

Learn about your renting rights

- **Share your ideas and thoughts on renting in Bristol**
- **Find out about the Bristol Fair Renting campaign and how you can get involved**
- **Have a cup of tea or coffee and let the children play**

If anyone is interested in helping to run the sessions, or can't make it but would like some support in setting up something similar at a time that suits you, please text Daisy on 07443 559 912, or email bristolfairrentingcampaign@gmail.com.

Here's what the stay & place looks like, so you know what to expect:



We hope to see you there!

Bristol Fair Renting Campaign



*Services and
opportunities
for young
people*

Step Together Volunteering - Get Growing Allotment Project

Step Together Volunteering

“GET GROWING!” ALLOTMENT PROJECT FOR YOUNG PEOPLE AGED 16-25



If you are not currently in education, employment or training, our allotment project might just be the ticket to helping you find your place. At Step Together Volunteering we believe that everyone has something special to offer.



We can help you find your passion, improve your confidence and skills, and build a brighter future.

You decide what you get involved in - growing and harvesting vegetables, cooking, woodworking and recycling projects, or a bit of creative artwork? There's also the opportunity to complete a nationally recognised short course in volunteering to help improve your job prospects.



Rest assured, you will have some fun!

"It's a relaxed environment with lovely and understanding people... I like knowing that if I'm not having such a great day, I can still get down to the allotment with the understanding that I may have to take things easier."

Where: Bishopsworth, Bristol

When: Tues 1:30- 4pm Thurs 11am-1pm

For more information contact: Mel Head, Project Manager & Allotment Lead

07702 811935 | mel.head@step-together.org.uk

www.step-together.org.uk



STEP TOGETHER
CONNECT - GROW - THRIVE

